

UNITED STATES TAEKWONDO CLASSIC

MARCH 29, 2009

National Competitors

WTF POOMSAE Divisions

Adult Black Belts Compete First

Double Elim. 10 and up Black Belt Sparring

Olympic Style Sparring, Forms & Creative Forms

Finest Referees

Bracketed Forms Format/Double Elim.

Ringmaster Electronic Scoring



Pre-register Only
Absolutely No Door Registrations

Competition Begins
9:30 a.m.

General Admission:
\$10 (5yrs & under free)

TOLLAND HIGH SCHOOL TOLLAND, CT

For more information please contact:
Connecticut Chung Do Kwan Academy

392 South Main St
Colchester, CT 06415

Tournament Director:
Grand Master
David J. Turgeon

(860) 537-6333 email: ctcdk@comcast.net





UNITED STATES TAEKWONDO CLASSIC

392 South Main St. Colchester, CT 06415 (860) 537-6333 Fax (860) 228-2067 - ctcdk@comcast.net



February 1, 2009

Dear Grand Masters, Masters, Instructors and Taekwondo Students,

I would like to invite you and your students to participate in the 15th United States Taekwondo Classic. This tournament will be held on Sunday, March 29th at the Tolland High School in Tolland, CT. I anticipate a competition that will bring together the style, spirit and sportsmanship of Taekwondo as well as a time for us to come together in the friendship of our sport.

Again this year we will run an efficient and safe tournament utilizing fully matted rings and the finest referees in New England. We will also be utilizing Ringmaster Electronic Scoring Systems in all eight rings. Electronic scoring will allow us to use the WTF scoring rules with two points to the head and one point to the body in all divisions. **Please note that the USAT "no kicks to the head" safety rules will not apply, junior and adult color belts will be allowed to kick to the head with control following modified WTF rules (same as AAU Safety rules). The divisions utilizing full contact rules will be 14-17yr old Black Belts and Adult Black Belts. Also all 10 yr old and up black belt divisions will use double elimination to a true second place.**

Opening ceremonies will begin at 9:30am. All poomsae competition will be done first. In an effort to promote a better Poomsae experience for all competitors, we will be running our poomsae divisions with double elimination. Forms competitors will be bracketed and will compete two at a time. Judges will decide the best form in each pair and the winner will advance to the next round. Competitors who do not win will be moved to a consolation bracket and the winner of this bracket will compete for 2nd or 3rd place. In addition, Black Belts competing in the WTF Poomsae Division (Individual, Pair and Team Divisions) will be using modified World Poomsae rules. Black belts will be required to know all forms for their age category regardless of their rank. (See the attached sheet for the appropriate division requirements). WTF World Championship rules will be applied and all Poomsae standards are based on the WTF and Kukkiwon documented standards. See <http://www.wtf.org/site/rules/poomsae.htm> for complete set of rules. (Any Black Belts who do not wish to compete with this format should enter the Open Division.) Using this competition format will give competitors more than one opportunity to perform and require a better rounded knowledge of forms for competing Black Belts. This will make Poomsae competition better and competitors more motivated to train on this important element of Taekwondo!

Poomsae will begin following a brief opening ceremonies at 9:30 starting with adult black belts. Poomsae will be followed by adult black belt sparring and all other sparring divisions. All sparring competitors must be weighed in by 11:00 am or they will risk disqualification.

To avoid any unnecessary confusion or delays the morning of the competition, there will be **ABSOLUTELY NO DOOR REGISTRATION**. All registrations must be postmarked no later than March 20th. If you wish to pay by Visa or Mastercard, you may fax your registration by March 27th. Enclosed you will find information for the tournament including registration forms, tournament poster, directions and hotel information. All competitors must be weighed in by 11:00am. **Opening ceremonies will begin at 9:30am sharp!**

I look forward to making the United States Taekwondo Classic the best tournament of the 2009 season. Your support and participation is greatly appreciated. May the year 2009 bring you much success and happiness.

See you on March 29th!

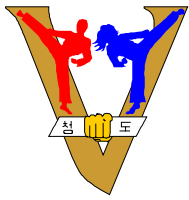
Sincerely,



David J. Turgeon, Tournament Director
US Taekwondo Classic



Victory to those who persevere



UNITED STATES TAEKWONDO CLASSIC



GENERAL INFORMATION

Hosted by: CT Chung Do Kwan Academy
Director: Grand Master David J. Turgeon
Date: Sunday - March 29, 2009
Place: Tolland High School - Tolland, CT

SCHEDULE of EVENTS:

- 8:30 A.M. - Check In and Weigh-In (All Competitors)
- 9:00 A.M. - Official's Meeting
- 9:30 A.M. - Opening Ceremonies and Start all Poomsae divisions
(Adult Black Belt Poomsae, Creative Poomsae, and all other Poomsae -
Sparring to begin when all Poomsae competition has been completed)
- 11:00 A.M. - All sparring competitors must weigh in by 11:00am

ENTRY FEE: Pre-registration only - \$65 one event / \$10 each additional event (within same division)

NO DOOR REGISTRATION - YOU MUST PRE-REGISTER

MAIL: Credit card or certified check or money order payable to - US Taekwondo Classic

Registrations must be postmarked by March 20, 2009

FAX: Credit card payments only - VISA or MASTERCARD (860)228-2067

Registrations must be faxed by March 27, 2009

GENERAL ADMISSION: \$10 (Children 5 and under FREE)

NO FOOD OR DRINKS ALLOWED IN GYM -

COMPETITORS MAY USE PLASTIC, CAPPED SPORTS BOTTLES ONLY

RULES:

Poomsae - Forms competitors will be bracketed and will compete two at a time. Judges will decide the best form in each pair and the winner will advance to the next round. Competitors who do not win will be moved to the consolation bracket and the winner of this bracket will compete for 2nd or 3rd place. **In addition, Black Belts competing in the WTF Poomsae Division** will be using modified World Poomsae rules. Black belts will be required to know all forms for their age category regardless of their rank. (See the attached sheet for the appropriate division requirements). WTF World Championship rules will be applied and all Poomsae standards are based on the WTF and Kukkiwon documented standards. See <http://www.wtf.org/site/rules/poomsae.htm> for complete set of rules. WTF Division will include Individual, Pairs or Team Divisions allowing for mixed pairs and teams as well. *Any Black Belts who do not wish to compete with this format should enter the Open Division.* Please contact Grand Master Turgeon with any questions.

Creative Poomsae - Original forms only (no traditional form may be used), music may be used (competitor must provide their own music & player), 3 minute maximum time, single competitor performances

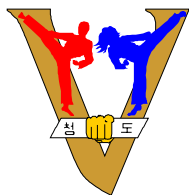
Sparring - WTF rules (2 pts for head kicks - controlled level of contact, 1 pt for body kicks and punches apply to all Geup, Senior and Junior divisions (except 14 - 17 yr. old black belts)) **USAT "no kicks to the head" rules are not in effect.** Adult and 14 -17 yr. BLACK BELT DIVISIONS - full contact WTF rules.

EQUIPMENT: Head gear, chest protector, forearm, shin/instep, mouthpiece and groin protectors are mandatory.

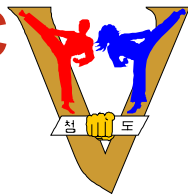
AWARDS: Medals awarded for 1st, 2nd, and 3rd place (two 3rds in sparring only - one 3rd in Double Elim Divisions)

All Junior competitors will receive a US Classic Participation Medal

FOR FURTHER INFORMATION CALL GRAND MASTER TURGEON AT (860) 537-6333



UNITED STATES TAEKWONDO CLASSIC



DIVISION BREAKDOWN

POOMSAE (FORMS) and GYOROOGI (SPARRING)

AGE GROUPS:

Under 6 / 6 & 7 / 8 & 9 years old divisions

10th-7th geup	White & Yellow
6th-3rd geup	Green & Blue
2nd geup – Poom	Brown & Red & Black

Adult (18-32) (Men & Women Separate)

10th-7th geup	White & Yellow
6th-3rd geup	Green & Blue
2nd –1st geup	Brown & Red
1st Dan and up	Black - Poomsae WTF or OPEN division

10 & 11 / 12 & 13 / 14-17 years old divisions

10 th -7 th geup	White & Yellow
6 th -3 rd geup	Green & Blue
2 nd –1 st geup	Brown & Red
1 st Poom/Dan and up	Black - Poomsae WTF or OPEN division

Ultra (33-40 / 41 & older) (Men & Women Separate)

10 th -7 th geup	White & Yellow
6 th -3 rd geup	Green & Blue
2 nd –1 st geup	Brown & Red
1 st Dan and up	Black - Poomsae WTF or OPEN division

WTF Poomsae Divisions

(Black Belts ONLY)

Up to 10 / 11-13 - (Taegeuk 3 - Keumgang)

14-18 / 19-30 - (Taegeuk 4 - Taebak)

31-40 / 41-50 / 51+ - (Taekuk 8 - Shipjin)

Pairs (any two people) - (Taegeuk 4 - Taebak)

Team (any three people) - (Taegeuk 4 - Taebak)

CREATIVE POOMSAE (FORMS)

(Male & Female are combined)

Juniors under 13 ALL RANKS

Juniors 13-17 ALL RANKS

Adults 18-32 ALL RANKS

Ultra over 32 ALL RANKS

14 - 17 year old Black Belt Sparring Weight Classes

BOYS:

Fly	under 113 lbs.
Feather	113 lbs. - 129.9 lbs.
Welter	130 lbs. - 149.9 lbs.
Heavy	150 lbs. - over

GIRLS:

Fly	under 101 lbs.
Feather	101 lbs. - 114.9 lbs.
Welter	115 lbs. - 129.9 lbs.
Heavy	130 lbs. - over

Weight classes may be adjusted due to participation.

Adult (18 - 32) Black Belt Sparring Weight Classes

MEN:

Fly	under 127 lbs.
Feather	127 lbs. - 147.9 lbs.
Welter	148 lbs. - 171.9 lbs.
Heavy	172 lbs. - over

WOMEN:

Fly	under 112 lbs.
Feather	112 lbs. - 129.9 lbs.
Welter	130 lbs. - 147.9 lbs.
Heavy	148 lbs. - over

***** 1ST, 2ND & 3RD place medals for FORMS *****

***** 1ST, 2ND & two 3RD place medals for SPARRING *****

ALL Junior Competitors will receive a US Classic Participation Medal

SPARRING DIVISIONS WILL BE DIVIDED BY WEIGHT ACCORDINGLY

DIVISIONS WILL BE DIVIDED BY GEUP RANK NOT BELT COLOR & TOURNAMENT DIRECTOR RESERVES THE RIGHT TO ALTER DIVISIONS AS NECESSARY

FOR FURTHER INFORMATION CALL GRAND MASTER TURGEON AT (860) 537-6333

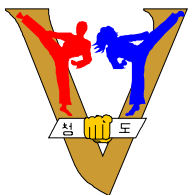


**ALL SPARRING
COMPETITORS MUST
WEIGH IN BY
11:00AM!!!**

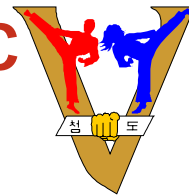
**ADULT BLACK BELT FORMS and STUDENT
FORMS START IMMEDIATELY
FOLLOWING THE OPENING CEREMONY
AT 9:30 a.m.**

NO FOOD OR DRINKS ALLOWED IN GYM

**COMPETITORS MAY USE PLASTIC,
CAPPED SPORTS BOTTLES ONLY!!**



UNITED STATES TAEKWONDO CLASSIC



DIRECTIONS TO TOLLAND HIGH SCHOOL

**1 Eagle Hill Road
Tolland, CT 06084**

FROM INTERSTATE 84 EAST

Follow Interstate 84 East to Exit 68 (Rt. 195). Turn right at the end of the exit onto Route 195 South for 0.4 miles to a traffic light and turn left onto Rhodes Road. Follow Rhodes Road for 0.4 miles and turn left onto Old Cathole Road. Follow this road for 0.6 miles to the high school entrance on the right side before the highway.

FROM INTERSTATE 84 WEST

Route 90 (Mass Pike) to 84 West. Follow 84 west to exit 68. Turn left at the end of the exit ramp onto Route 195 South for about 0.4 miles to a traffic light and turn left onto Rhodes Road. Follow Rhodes Road for 0.4 miles and turn left onto Old Cathole Road. Follow this road for 0.6 miles to the high school entrance on the right side before the highway.

HOTEL INFORMATION

Fairfield Inn - 121 Pavillons Drive - Manchester, CT 06040 - 860-643-1864

This hotel offers rooms with 2 Queen size beds. Indoor pool, free wireless internet & Continental Breakfast

Discounted rate: \$95.00 per night plus taxes

Reservations must be made by **March 14, 2009**- please call: 860-648-8795 for reservations and mention **Code - USCLASSIC** for the **US Taekwondo Classic** to receive the reduced rate.

DIRECTIONS TO HOTEL

FROM INTERSTATE 84 EAST OR 91 NORTH TO 84 EAST

From I-84E (Hartford) Exit 62 -take a left off exit - under the bridge take a right onto Pavillons Dr. (Pier 1 Imports is at the bottom of the hill). At the stop sign take a left we are on the left.

FROM INTERSTATE 84 WEST

From I-84W (Boston) exit 62 take a right at the light, at the next light go straight up the hill, you will see Lowes and Home Depot, at your second light take a right into Buckland Hills, turn right at stop sign, we are on the right.

FROM INTERSTATE 91

Take 91 South to 291 East. Follow 291 East to Exit 5 (Tolland Turnpike). Turn left off the exit. At the 4th traffic light, turn left onto Buckland Street. Go under highway overpass and turn right at the traffic light onto Pavillons Drive. Turn left at the stop sign, and left into our parking lot.

DIRECTIONS TO TOURNAMENT FROM HOTEL

Turn right out of the hotel. Turn right at the stop sign. Turn left at the traffic light, move to the left lane and turn left onto 84 East right after the overpass. Follow Interstate 84 East to Exit 68 (Rt. 195). Turn right at the end of the exit onto Route 195 South for 0.4 miles to a traffic light and turn left onto Rhodes Road. Follow Rhodes Road for 0.4 miles and turn left onto Old Cathole Road. Follow this road for 0.6 miles to the high school entrance on the right side before the highway.

FOR FURTHER INFORMATION CALL GRAND MASTER TURGEON AT (860) 537-6333



15th Annual US TAEKWONDO CLASSIC PROGRAM BOOK

Advertisement order form

The TKD Booster Club is a non profit 501c organization. The club is dedicated to helping Taekwondo students and their families by providing funds for further educational activities such as tournaments and seminars.

The fifteenth annual *US Taekwondo Classic* tournament is being held at Tolland High School on Sunday, March 29, 2009. This all day event is expected to draw more than 300 competitors along with their family and friends from throughout the Northeast. We are putting together a program book that will be distributed at the event free of charge. We will hand out a minimum of 400 copies. These full size programs will contain a list of the competitors, the ring arrangement, the tournament rules and other helpful information so we are sure that the entire program will have the attention of each person in attendance.

Choose the ad that is right for you:

- _____ \$25 - Business card size (3.5w x 2h) _____ \$40 - ¼ page ad (3.5w x 4.75h)
_____ \$75 - ½ page ad (7.5w x 4.75h) _____ \$120 - Full page ad (7.5w x 9.75h)
_____ \$300 - Full page color ad

Or you may have a Typed Patron ad (up to 50 spaces) - \$10 _____

Please supply camera ready artwork or ad will be in "Compliments of" Format

*Ads must be received by March 15, 2009.
Mail to: TKD Booster Club 231 Merrow Rd. Tolland, CT 06084
Any questions please contact Jeanine Allin, Secretary at (860) 930-6060*

ALL PROCEEDS FROM THE PROGRAM BOOK GO DIRECTLY TO THE TKD BOOSTER CLUB

US TAEKWONDO CLASSIC Ring Sponsorship

The US Taekwondo Classic is proud to run 8 well organized, fully matted rings with electronic scoring. Your advertisement will be well received as one of the limited ring sponsorships available.

_____ \$250 (½ price for returning ring sponsors using the same table cover banner)

Includes:

- ★ Full Color Banner (2'x6' - that you may have after the event)
- ★ Advertisement on center page of the program booklet (3"x2.75")
- ★ Special acknowledgment during the event

*Ring sponsorships will be on a first come basis - Ad must be received by March 15, 2009.
Contact Master David J. Turgeon directly at (860) 537-6333*